

SEPTEMBER 2022 ROSWELL ISD MENU

BREAKFAST &

LUNCH



School Information: Fruit, Vegetables and a Selection of Milk are served daily. A complete menu and nutrient guide are on the Food Service Webpage.



September is NM GROWN MONTH! We celebrate Nuevo Thursday and serve NM Grown Food. Our Produce is from Graves Farms, Nichols Farms, M A Sons, Agri-Cultura Coop Network and El Charro.

This month we will be serving NM GROWN BEEF!!!!

This Institution is an Equal Opportunity Provider.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Labor Day

5

NO SCHOOL

French Toast Sticks (22.6)

6

Salisbury Steak (7.5)
Mashed Potatoes (20.9) Gravy (2)
Dinner roll (27)

Cinnamon Toast Crunch (44.5)

7

Popcorn Chicken (21.8)
Rice (30.9)
Normandy Blend (4)

Poptart (38)
String Cheese (1)
Combination Burrito (48.3)
Pinto Beans (27.9)
Tortilla Chips (19)

1

Cinnamon Chex Cereal (44.5)
Crispy Drumstick (6)
Seasoned Corn (24.4)
Biscuit (31.9)

2

Blueberry Muffin (38.2)

8

Spaghetti with Meat Sauce (43)
Seasoned Green Beans (7.6)
Garlic Breadstick (13)

Bagel (28)
Cream Cheese (3)

9

Club Sandwich (67.5)
Tater Tots (18.1)

Chocolate Chip Waffle (42)

12

Stuffed Crust Pepperoni Pizza (30)
French Fries (16)

Pop tart (38)

13

Yogurt (19.9)
Chicken Nuggets (15)
Mashed Potatoes (20.9) Gravy (2)
Dinner Roll (27)

Sausage and Biscuit (28.3)

14

Crispy Beef Tacos (22.4)
Pinto Beans (27.9)
Spanish Rice (12.8)

Banana Muffin (40)

15

Chicken Alfredo (44.6)
Seasoned Corn (24.4)
Garlic Breadstick (13)

Breakfast Sausage Pizza (21)

16

Crispy Chicken Sandwich (49)
Seasoned Green Beans (7.6)

Lucky Charms Cereal (46.6)

19

Corn Dog (30.4)
Tater Tots (18.1)

Apple Crumb (47)

20

Beef Fingers 4 piece (15.2)
Mashed Potatoes (20.9) Gravy (2)
Dinner Roll (27)

Cinnamon Rolls (36.5)

21

Cheese Nachos (41.6)
Refried Beans (24.5)

Strawberry Boli (43.2)

22

Popcorn Chicken (21.8)
Rice (30.9)

Pancake Sandwich (15.7)

23

Stuffed Crust Pepperoni Pizza (30)
French Fries (16)

Maple Waffles (37)
Syrup (30.4)

26

Frito Pie (55.4)
Seasoned Corn (24.4)

Chocolate Muffin (39.7)

27

Chicken & Waffles (39.7)
Mashed Potatoes (20.9) Gravy (2)

Pancake on a Stick (17)

28

Cheeseburger (29.8)
Curly Fries (14)

Strawberry Pop tart (38)
String Cheese (1)

29

Combination Burrito (48.3)
Pinto Beans (19.1)
Tortilla Chips (19)

Cinnamon Chex Cereal (46.6)

30

Crispy Chicken Drumstick (6)
Seasoned Corn (24.4)
Dinner Roll (27)