

# OCTOBER 2024

## LUNCH



**School Information:** Fresh Fruits, Vegetables and a selection of Milk are served daily. Complete Nutritional information is on the Website. MENU IS SUBJECT TO CHANGE.



**October is National Apple Month.** The delicious apples served are from NM GROWN producer Nickols Farms. We serve Fresh Fruits and Vegetables from other Local NM GROWN Producers. USA BEEF PACKING is our Beef Supplier. We also participate in Nuevo Thursday. This Institution is an equal opportunity provider.



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

Benefit Bar (48) **7**

BBQ Rib Sandwich (41.1)  
Tater Tots (18.1)

Pancake on a stick (17) **1**

Steak Fingers (15.37)  
Mashed Potatoes (20.5)  
Country Gravy (17.7)  
Dinner Roll (27)

Cinnamon Rolls (48) **2**

Mac & Cheese Bites (45)  
Seasoned Green Beans (7.6)

Chicken Waffle Sandwich (21) **3**

Crispy Beef Tacos (22.4)  
Spanish Rice (6.8)  
Pinto Beans (19)

Cinnamon Chex Cereal (46.6) **4**

Crispy Chicken Sandwich (49)  
Tater Tots (18.1)

Blueberry Waffles (35.9) **14**

Deli Sandwich on Croissant (32.7)  
Pinto Beans (19)

Sunrise Taco Stick (17) **8**

Drumstick/Nuggets (19.4)  
Mashed Potatoes (20.5)  
Gravy (2) Breadstick (15)

Cheese Breadsticks (15) **9**

Cherry Blossom Chicken (27.7)  
Brown Rice (26.2)  
California Blend (4)

Banana Bread (44.2) **10**

Street Tacos (16.4)  
Refried Beans (22.3)  
Tortilla Chips (17)  
Cabalacitas (4.2)

Pancake Sandwich (15.7) **11**

Chili Cheese Tots (23)  
Dinner Rolls (27)

Ham & Cheese Breakfast (19) **15**

Steak Fingers (15.37)  
Mashed Potatoes (20.5)  
Country Gravy (17.7)  
Dinner Roll (27)

French Toast (25.6) **16**

Syrup (30)

Macaroni & Cheese (39.2)  
Seasoned Green Beans (7.6)

Sausage Breakfast Pizza (21) **17**

Frito Pie (48.3)  
Seasoned Corn (18.3)

Cinnamon Toast Crunch (44.5) **18**

Grilled Cheese (34.1)  
Curly Fries (22.4)

Chicken Waffle Sandwich (21) **21**

Cherry Blossom Chicken (27.7)  
Brown Rice (26.2)  
California Blend (4)

Chocolate Muffin (39.7) **22**

Chicken & Waffles (62.3)  
Mashed Potatoes (20.5)  
Country Gravy (17.7)

Cinnamon Rolls (48) **23**

Beefy Macaroni (39.9)  
Seasoned Corn (18.3)  
Dinner Roll (27)

Corn Dog (30.4) **24**

Cheese Nachos (42.1)  
Pinto Beans (19)

Benefit Bar (48) **25**

Stuffed Crust Pepperoni Pizza (30)  
Tater Tots (18.1)

Maple Pancakes (38.7) **28**

Syrup (30)

Orange Chicken (48.2)  
Brown Rice (26.2)  
California Blend (4)

Sausage Breakfast Pizza (21) **29**

Steak Fingers (15.37)  
Mashed Potatoes (20.5)  
Country Gravy (17.7)  
Dinner Roll (27)

Breakfast Round (44.2) **30**

Spaghetti w/Meat sauce (33)  
Seasoned Green Beans (7.6)  
Breadstick (13)

**Halloween** **31**

Chorizo & Cheese Bolillo (20.9)  
Hamburger (60)  
Curly Fries (22.4)



# October

## Gluten Free Menu Elementary

This Institution is an Equal Opportunity Provider.

# 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Fruits and Vegetables served with each meal. NO GRAVY.		Diced Chicken <sup>1</sup>	Hamburger on GF Bun <sup>2</sup>	Crispy Beef Tacos <sup>3</sup>	Grilled Cheese on GF Bread <sup>4</sup>	<sup>5</sup>
<sup>6</sup>	BBQ Rib Sandwich on GF Bun <sup>7</sup>	Diced Chicken <sup>8</sup>	Grilled Cheese on GF Bread <sup>9</sup>	Street Tacos with Corn Tortillas Tortilla Chips (1oz) <sup>10</sup>	Chili Cheese Tots Tortilla Chips (2oz) <sup>11</sup>	<sup>12</sup>
<sup>13</sup>	Deli sandwich on GF Bread <sup>14</sup>	Hamburger Patty <sup>15</sup>	Macaroni & Cheese with GF Pasta <sup>16</sup>	Frito Pie <sup>17</sup>	Grilled Cheese on GF Bread <sup>18</sup>	<sup>19</sup>
<sup>20</sup>	Diced Chicken Brown Rice <sup>21</sup>	Diced Chicken <sup>22</sup>	Beefy Macaroni with GF Pasta <sup>23</sup>	Cheese Nachos <sup>24</sup>	Hamburger on GF Bun <sup>25</sup>	<sup>26</sup>
<sup>27</sup>	Diced Chicken Brown Rice <sup>28</sup>	Hamburger Patty <sup>29</sup>	Spaghetti with GF Pasta <sup>30</sup>	Hamburger on GF Bun <sup>31</sup>		