

OCTOBER 2023

ROSWELL ISD ELEMENTARY

Breakfast &

LUNCH



School Information: Fresh Fruits, Vegetables and a selection of Milk are served Daily. Complete Nutritional information is on the Website. MENU IS SUBJECT TO CHANGE.



October is National Apple Month. The delicious apples served are from NM GROWN producer Nickols Farms. We serve Fresh Fruits and Vegetables from other Local NM GROWN Producers. USA BEEF PACKING is our Beef supplier.

This Institution is an Equal Opportunity Provider.



MONDAY

NO SCHOOL

2

TUESDAY

French Toast Sticks (22.6)
Syrup (30.4)
Popcorn Chicken (21.8)
Mashed Potatoes (20.9)
Gravy (2) Dinner Roll (27)

3

WEDNESDAY

Chocolate Donuts (40.8)

Beefy Macaroni (53.6)
Seasoned Green Beans (7.6)

4

THURSDAY

Ham & Cheese Pocket (24)

Beef Fajitas with Tortillas (52.2)
Pinto Beans (19.1)

5

FRIDAY

Cinnamon Toast Crunch (44.5)

Ham, Turkey & Cheese Sandwich (32.5)
Curly Fries (22.4)

6

Chocolate Muffin (39.7)

BBQ Rib Sandwich (39.7)
Tater Tots (18.1)

9

Sausage Breakfast Pizza (21)
Crispy Drumstick & Wings (10.4)
Mashed Potatoes (20.9)
Gravy (2) Dinner Roll (27)

10

Blueberry Waffles (35.9)
Cherry Blossom Chicken (27.7)
Vegetable Fried Rice (11)
California Blend (4)

11

Pancake Sandwich (15.7)

Street Tacos (10.4)
Pinto Beans (19.1)
Tortilla Chips (17)

12

Chocolate Chip Benefit Bar (48)

Chili Cheese Fries (18.9)
Tortilla Chips (17)

13

Blueberry Muffin (38.2)

Stuffed Crust Pepperoni Pizza (30)
French Fries (16)

16

Pancake on a Stick (17)

Chicken & Waffles (62.3)
Mashed Potatoes (20.9)
Gravy (2)

17

Crumb Square (47)

Macaroni & Cheese (40.9)
Seasoned Green Beans (7.6)

18

Peach Cobbler Biscuit (31)

Crispy Beef Tacos (22.4)
Pinto Beans (19.1)
Spanish Rice (12.8)

19

Banana Bread (44.2)

Frito Pie (55.4)
Seasoned Corn (24.4)

20

Cherry Muffin (38.2)

Pulled Pork Sandwich (47.1)
Baked Beans (42)

23

French Toast Sticks (22.6)
Syrup (30.4)
Roast Beef (4.5)
Mashed Potatoes (20.9)
Gravy (2) Dinner Rolls (27)

24

Donuts (41)
Spaghetti with Meat Sauce (47.5)
Seasoned Green Beans (13) Breadsticks (13)

25

Strawberry Poptart (38)
String Cheese (1)
Cheese Nachos (37.6)
Pinto Beans (19.1)

26

Cinnamon Toast Crunch (44.5)
Chicken Fajita Quesadilla
Cabalacitas (11.5)

27

Chocolate Muffin (39.7)
Teriyaki Chicken (14)
Vegetable Fried Rice (11)
California Blend (4)

30

Halloween
Sausage Breakfast Pizza (21)
Chicken Nuggets (14.9)
Mashed Potatoes (20.9)
Gravy (2) Dinner Rolls (27)

31

