

JANUARY 2025

Elementary

LUNCH



School Information: Fresh Fruits, Vegetables and a selection of Milk are offered daily. RISD participates in NM GROWN and NUEVEO THURSDAY. **MENU IS SUBJECT TO CHANGE**



Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.

Reference: Eat Right



This Institution is an Equal Opportunity Provider.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



HAPPY NEW YEAR 1

NO SCHOOL 2

NO SCHOOL 3

National Bean Day 6

NO SCHOOL

Breakfast Pizza (21) 7
Steak Fingers (15.4)
Mashed Potatoes (20.5)
Gravy (17.7)
Dinner Roll (27)

Breakfast Rounds (44.2) 8
Macaroni & Cheese (39.2)
Seasoned Green Beans (7.6)

Chorizo & Cheese Bolillo (20.9) 9
Frito Pie (48.3)
Seasoned Corn (18.3)

French Toast (25.6) Syrup (30) 10
Grilled Cheese (34.1)
Seasoned Green Beans (7.6)

National Milk Day 11
Strawberry Boli (43.2)
Cherry Blossom Chicken (27.7)
Brown Rice (23.8)
California Blend (4)

Pancake on a Stick (17) 12
Chicken & Waffles (62.3)
Mashed Potatoes (20.5)
Peppered Gravy (5.3)

Blueberry Bar (49) 13
Beefy Macaroni (39.9)
Seasoned Corn (18.3)
Dinner Rolls (27)

Chicken Waffle Sandwich (21) 14
Cheese Nachos (42.1)
Pinto Beans (19)

Cinnamon Chex (46.6) 15
Stuffed Crust Pepperoni Pizza (30)
Tater Tots (18.1)

NO SCHOOL 16

Chicken Waffle Sandwich (21) 17
Steak Fingers (15.4)
Mashed Potatoes (20.5)
Gravy (17.7) Dinner Roll (27)

Cheese Breadsticks (15) 18
Spaghetti w/ Meat Sauce (33)
Seasoned Green Beans (7.6)
Bread Stick (13)

Lemon Bread (44.2) 19
Hamburger (60)
Curly Fries (22.4)

Pancake Sandwich (15.7) 20
Chicken Quesadilla (43.6)
Pinto Beans (19)

Blueberry Waffles (35.9) 21
Pulled Pork Sandwich (47.1)
Side Salad (4.9)

Breakfast Pocket 22
Chicken Nuggets (13.5)
Mashed Potatoes (20.5)
Gravy (17.7)
Dinner Roll (27)

French Toast (25.6) Syrup (30) 23
Combination Burrito (47.6)
Pinto Beans (19)

Breakfast Pizza (21) 24
Street Tacos (16.4)
Cabalacitas (8.3)
Tortilla Chips (17)

Cinnamon Toast Crunch (44.5) 25
Stuffed Crust Cheese Pizza (29)
Curly Fries (22.4)