



Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand. Roswell ISD participates in NM GROWN and NUEVO THURSDAY. NM Grown fresh fruit, vegetables and beef are served. MENU IS SUBJECT TO CHANGE.

Reference: Eat Right



LUNCH

MONDAY

NO SCHOOL

05

Mac & Cheese Bites (45)
Seasoned Green Beans (7.6) ***
Baby Carrots (3.6)

12

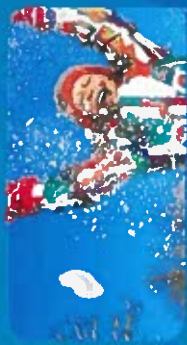
NO SCHOOL

19

Crispy Chicken Drumstick (14)
Baked Beans (42) ***
Baby Carrots (3.6)
Breadsticks (13) ***

26

TUESDAY



Beef Fingers (15.4) ***
Mashed Potatoes (20.5)
Baby Carrots (3.6)
Country Gravy (17.7)
Dinner Roll (27) ***

06

Chicken Nuggets (15)
Mashed Potatoes (20.5)
Fresh Broccoli
Breadstick (13) ***
Brown Gravy (2)

13

Beef Fingers (15.4) ***
Mashed Potatoes (20.5)
Baby Carrots (3.6)
Country Gravy (17.7)
Dinner Roll (27) ***

20

Chicken & Waffles (75.3)
Mashed Potatoes (20.5)
Baby Carrots (3.6)
Brown Gravy (2)

27

WEDNESDAY



Beefy Macaroni (39.9) ***
Seasoned Green Beans (7.6) ***
Fresh Broccoli
Garlic Breadstick (13) ***

07

Cheeseburger (32) ***
Seasoned Corn (18.3) ***
Baby Carrots (3.6)
Fresh Broccoli

14

Spaghetti w/ Meat Sauce (33) ***
Seasoned Green Beans (7.6) ***
Side Salad (4.9) ***
Garlic Breadstick (13) ***

21

Hamburger (31.9) ***
Crinkle Cut French Fries (27.4)
Side Salad (4.9) ***

28

THURSDAY

HAPPY NEW YEAR!

01

Frito Pie (48.3) ***
Seasoned Corn (9.2) ***
Pinto Beans (19) ***

08

Street Tacos (16.4) ***
Pinto Beans (19) ***
Calabaza (8.3) ***
Tortilla Chips (17)

15

Beef Nachos (20.7) ***
Pinto Beans (19) ***
Side Salad (4.9) ***

22

Green Chile Chicken Enchiladas (34.3) ***
Refried Beans (22.3) ***
Spanish Rice (26.4) ***
Side Salad (4.9) **

29

FRIDAY

NO SCHOOL

02

Crispy Chicken Sandwich (49)
Side Salad (4.9) ***
Baby Carrots (7.1)

09

Stuffed Crust Cheese Pizza (29)
Crinkle Cut French Fries (27.4)
Baby Carrots (7.1)

16

Grilled Cheese (34.1)
Steamed Broccoli
Baby Carrots (3.6)

23

Combo Burrito (47.6) ***
Calabaza (8.3) ***
Baby Carrots (3.6) ***

30



School Information: ROSWELL ISD ELEMENTARY *** SCRATCH COOKED All Schools have Salad Bars.
FRESH FRUIT AND A choice of 1% Unflavored Milk or FF Flavored Milk are served daily.
This Institution is an Equal Opportunity Provider.

JANUARY 2026