

# DECEMBER 2024

## Elementary Menu

### LUNCH



**School Information:** Fresh Fruits, Vegetables and a selection of Milk are served Daily. Complete Nutritional information is on the Website. **MENU IS SUBJECT TO CHANGE**



**Nutrition Tip:** Include whole grains. Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains. **This Institution is an Equal Opportunity Provider.**



Reference: USDA MyPlate

#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

Confetti Pancakes (36)  
Syrup (30) **2**

Cherry Blossom Chicken (27.7)  
Brown Rice (23.8)

Breakfast Sausage Pizza (21) **3**

Chicken & Waffles (62.3)  
Mashed Potatoes (20.5)  
Gravy (17.7)

Breakfast Round (44.2) **4**

Beefy Macaroni (39.9)  
Seasoned Corn (18.3)  
Dinner Roll (27)

Breakfast Chorizo & Cheese Bolillo (20.9) **5**

Cheese Nachos (42.1)  
Pinto Beans (19)

French Toast (25.6) **6**

Stuffed Crust Pepperoni Pizza (30)  
Tater Tots (18.1)

Strawberry Boli (43.2) **9**

Chicken with Orange Sauce (48.2)  
Brown Rice (23.81)

Pancake on a Stick (17) **10**

Steak Fingers (16.8)  
Mashed Potatoes (20.5)  
Gravy (17.7)  
Dinner Roll (27)

Blueberry Bar (49) **11**

Spaghetti with Meat Sauce (33)  
Seasoned Green Beans (7.6)  
Garlic Breadstick (15)

Chicken Waffle Sandwich (21) **12**

Hamburger (60)  
Curly Fries (22.4)

**National Cocoa Day** **13**

Cinnamon Chex Cereal (46.6)  
Chicken Quesadilla (43.6)  
Pinto Beans (19)

Benefit Bar (48) **16**

Pulled Pork Sandwich (47.1)  
Side Salad (4.9)

Sunrise Taco Stick (17) **17**

Chicken Nuggets (14.9)  
Mashed Potatoes (20.5)  
Gravy (17.7)  
Dinner Roll (27)

Cheese Breadstick (15) **18**

Combination Burrito (47.6)  
Pinto Beans (19)

Banana Bread (44.2) **19**

Street Tacos (16.4)  
Cabalacitas (8.3)  
Tortilla Chips (17)

Pancake Sandwich (15.7) **20**

Stuffed Crust Cheese Pizza (30)  
Curly Fries (22.4)

**23**

NO SCHOOL

**24**

NO SCHOOL

**25**

MERRY CHRISTMAS

**26**

NO SCHOOL

**27**

NO SCHOOL

**30**

NO SCHOOL

**31**

NO SCHOOL



Roswell ISD participates in NM Grown and Nuevo Thursday.